

# FAMILY FAITH FORMATION – 2023/2024

SAINT PATRICK'S & SAINT LUKE'S



# THE PURPOSE OF FAMILY FAITH FORMATION

- To help you learn more about God so that you can deepen your own personal relationship with Him.
- To give you the confidence to speak about your Catholic faith with others.
- To help you as you guide your children in their own personal relationship with God.
- To provide you with an opportunity to spend more time with your immediate family and also with our parish family.
- To provide you with a short time for prayer and an opportunity to use the Sacrament of Reconciliation.

# THE PURPOSE OF FAMILY FAITH FORMATION

- The Catechism of the Catholic Church is divided into 4 sections. They are:
  - The Creed – What we believe
  - The Sacraments – How we are sanctified
  - The Commandments – How we are to live
  - Prayer – How we relate and interact with God
- This year we will be studying the Sacraments

# EUCCHARIST

- The Eucharist is “the source and summit of the Christian life.”
- It is the center of all we do.

# EUCCHARIST

- Jesus alluded to it after He had multiplied the loaves and fishes (see Jn 6).
- There, He referred to the Manna which was a sign of the Eucharist, a sign of things to come.
- Jesus instituted the Eucharist when He celebrated the Last Supper with His Apostles.
- This is mentioned directly in the Gospels.

# EUCHARIST

- The Last Supper began as a Passover Meal (the annual meal commemorating the Israelite's deliverance from Egypt).
- The Passover Meal consisted of rituals designed to remind the Israelites of how God had delivered them from the hands of the Egyptians.

# EUCCHARIST

- Note here the idea of Sacrifice. A Sacrifice requires three things:
  - The victim (what is sacrificed)
  - The priest (the one who offers the sacrifice)
  - The altar (the place where the sacrifice is offered)
- At the Last Supper, a sacrificial lamb was offered and eaten and participants also drank four cups of wine.

# EUCHARIST





# EUCHARIST

- At the Last Supper, a sacrificial lamb was offered and eaten and participants also drank four cups of wine.
- Eating the lamb symbolized the unity between the people and the sacrifice. They too were offering themselves to God.

# EUCCHARIST

- Jesus transformed the Passover Meal into something entirely new.
- We read of how, at the Last Supper, Jesus took bread, blessed it, broke it and gave it to His disciples saying this is my body.
- Note also His command, “Do this in memory of me.”

# EUCCHARIST



# EUCCHARIST

- We say the Sacraments “do what they signify.”
- The Eucharist is not only a sign of food, but it is also spiritual food.

# EUCCHARIST



# EUCCHARIST

- Transubstantiation is a word coined to describe/represent what takes place at the consecration of the Mass when the priest says the words of institution:
  - This is my Body ...
  - This is my Blood ...

# EUCCHARIST

- Transubstantiation expresses that fact that while the appearances or accidents of the bread and wine remain, the stuff or substance, that is, what they are made of is changed.
- It is no longer bread or wine but is now Jesus Christ Himself present to us under the appearance of bread and wine.

# EUCCHARIST





# EUCCHARIST

- In the most Blessed Sacrament, “The body and blood, together with the soul and divinity, of our Lord Jesus Christ, and therefore, the whole Christ is truly, really and substantially contained.”
- We Catholics believe that Holy Communion is not a just symbol of Jesus but it is Jesus. The priest does not say, “This represents my body,” but “this is my body.”

# EUCCHARIST

- We can know of this change only because Jesus said so, that is, we believe. We know by faith.

# EUCHARIST

- We Express our faith in the Real Presence by GENUFLECTING and BOWING before receiving Holy Communion.
- These are signs of adoration

# EUCCHARIST

- The TABERNACLE is used for the reservation of the Eucharist, it must be located in a worthy place in the church and constructed in a way that emphasizes the truth of the real presence.
- The Sanctuary lamp is kept burning day and night before the tabernacle, to remind us of Christ's presence

# EUCHARIST

- Holy Communion, the Blessed Sacrament, and the Eucharist are all names for the same thing.
- Each emphasized a certain aspect of this Sacrament.
- It is Jesus Christ who gives us Himself in this great Sacrament to feed our souls.

# EUCCHARIST

- **Anima Christi**
- Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within Thy wounds hide me.  
Permit me not to be separated from Thee.  
From the wicked foe, defend me.  
At the hour of my death, call me  
and bid me come to Thee  
That with your saints I may praise Thee  
For ever and ever. Amen.

# HOMEWORK

- Parents at Home:
  - Practice Genuflection and Bowing.
  - Watch the videos on Holy Communion.
  - Learn the “Anima Christi” Prayer.

# HOMEWORK

- Parents at Home:
  - See that your children complete their homework assignments.
  - Continue to celebrate the Christmas Season.