

LESSON ONE – Parents at Home:

Parent/Student Meeting

Introduction to Prayer

Remind your children to be respectful to their teacher and to their fellow students

1) Read:

- CCC 2558-2565 (What is prayer)

2) Teach:

- What is prayer
- How to pray
- Explain that there are two ways to pray:
 - Memorized prayers
 - Prayers you say in your own words
- When to pray

3) Watch:

- <https://www.youtube.com/watch?v=KBZ6DsRwdV8>
- <https://www.youtube.com/watch?v=yk8In-6KUGc>

4) Discuss:

- Ask each of your children if they pray every day and what prayers they say

5) Do:

- See that your children complete any assigned homework
- Make sure that your children are praying every day
- Establish a prayer routine for your children and your family. This should include:
 - Morning offering
 - Prayers before and after meals
 - Prayers before bed
 - Family prayer time
 - Sunday Mass

6) Homework:

- Have your children figure out when they are going to pray at home, write these times down and send their written plan back to class next time
- Have them pray to their guardian angels to remind them to pray