

## **LESSON THREE – Parents at Home: Worship/Sunday Mass**

### **1) Read:**

-- CCC 1322-1344 (Introduction to the Eucharist/Mass)

### **2) Teach:**

-- Sunday Mass is how we fulfill our obligation to worship God and to keep the Third Commandment

-- To deliberately fail to attend Mass is a mortal sin

-- Explain to your child how and why we use holy water before and after Mass

### **3) Watch:**

-- <https://www.youtube.com/watch?v=gndxqjRrXwk>

-- <https://www.youtube.com/watch?v=Vm8mMJqta8w>

-- <https://www.youtube.com/watch?v=6LnfdzvT25w>

### **4) Discuss:**

-- Why we have an obligation to worship God and to worship Him alone

### **5) Do:**

-- See that your children complete any assigned homework

-- Ask them to explain what happens at the Consecration at Mass, that is, when the priest says the words Jesus said at the Last Supper and the bread and wine are changed into the body and blood of Christ

-- Make sure they know how to genuflect

### **6) Homework:**

-- Memorize the different colors for the vestments and in what seasons they are used